

Pensacola Runners Association presents

2019



**A race to benefit the UWF Cross Country Teams**

**When:** August 24<sup>th</sup>, 2019    **Time:** 7:30 AM    **Where:** UWF Track/Soccer Complex

**Course:** Course begins on the road in front of the track and goes out and back to the finish line located on the track. All roads with Olympic style track finish. Aid station will be at the one, two, and half mile mark.

**Awards:** Overall, Masters, Grandmasters for both Male and Female for the 5k run.  
Overall Male and Female in the Walker category

Males and Females in the following age groups for both walkers and runners:  
10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70 and over

**Entry Fee:**

PRA members, UWF students, UWF Faculty: \$25.00 until 8/24/18  
General Registration: \$30.00 until 8/24/19

**Early Packet Pickup at Running Wild from 4:00-6:30pm  
Race Day Packet Pick Up from 6-7:00am**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Age on Race Day \_\_\_\_\_

Male \_\_\_ Female \_\_\_ Date of Birth \_\_\_ / \_\_\_ / \_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Are you a UWF Student or UWF Faculty? (circle one) Are you a PRA member Yes or No? (circle one)

Singlet Size:            Extra Small            Small            Medium            Large            X-Large

I know that running a road race is a potentially hazardous activity and I should not enter or run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with this event but not limited to fall, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing those facts and in consideration of your accepting my entry, I, myself and anyone else entitled to act on my behalf, waive and release the University of West Florida and all sponsors, their representatives and successors from all claims in liabilities of any kind arising out of my participation in the event. I grant permission to all of the foregoing to use any photographs, motion picture recordings or any other record of this event for any legitimate purpose.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent or Guardian (required if entrant is under 18) \_\_\_\_\_

Make checks payable to: Pensacola Runners Association  
Mail Registration and fees to: Pensacola Runners Association P.O. Box 12552 Pensacola, FL 32591  
Contact Info: PensacolaRunnersAssociation@gmail.com